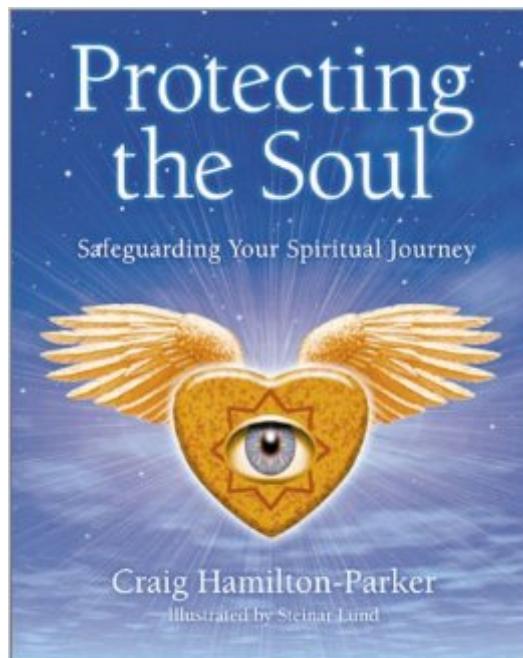


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Protecting The Soul: Safeguarding Your Spiritual Journey



Synopsis

The soul is the core of our being, the seat of our innate knowledge, the source of our conscience. It moves us forward on our cosmic journey over many lives. But negative influences always lie in wait, ready to attack--influences that can inhibit our spiritual progress. Perhaps you have felt vulnerable for no apparent reason, or you feel a strong, unpleasant "gut reaction" to someone; it might be the result of unpleasant mental energies sent by others. Deflect these destructive vibrations and protect your soul with the wise advice of an expert on dreams, intuition, and other psychic phenomena. Through brilliant and expressive images, you'll see clearly the colorful energy fields given off by auras, chakras, and even places. Then start sharpening your telepathic powers to heighten your awareness of danger as well as the brain's alpha wave patterns (which act as spiritual armor against anger and depression). Shield yourself from curses, jinxes, and the "evil eye," with amulets, totems, and protective spells. Meditation, eliminating fearfulness, having faith in yourself--with these and a variety of other strategies, you'll stay safe from psychic harm!

Book Information

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Average Customer Review: 5.0 out of 5 starsÂ [See all reviewsÂ](#) (1 customer review)

Best Sellers Rank: #1,668,499 in Books (See Top 100 in Books) #374 inÂ Books > Religion & Spirituality > New Age & Spirituality > Self-Help #2728 inÂ Books > Religion & Spirituality > New Age & Spirituality > Spiritualism #18523 inÂ Books > Religion & Spirituality > Occult & Paranormal

Customer Reviews

The author who is a medium from the U.K. breaks down in detail why we need psychic protection in everyday life, and gives the reader practical ways to do that. He explains how shiny and bright an aura can become through spiritual practice only to be drained away in unfortunate circumstances. Absolutely the best book of this sort.

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